


How should I dress for class at P.E.G.?

No Skirts →  Biketard Ok → 

No Tights →  Leggins Ok and Bare Feet → 

No Socks →  Gymnastics Slippers Ok → 

No Bare Mid-drift →  Fitted Performance Top Ok → 

No jeans shorts or baggy Tshirts →  Athletic Attire Ok → 



No Hair in your face



Pull it back as much as possible, even if it's short



Applies to boys too!



Remove necklaces, rings, bracelets, watches and ear cuffs. Studded earring are ok, but no hoops or dangles. Tape belly button rings.

