

PRESCHOOL PROGRAM - exploration of movement to enhance overall coordination and gymnastics skills

									FALL SEMESTER PRICING
Age Group	Length of class	M	T	W	TH	F	S		
Wiggle Worms parent assisted class	18mo-2.5 yrs	30 mins			10:00	10:00		9:00	\$20 punchcard
Tumble Tykes parent assisted class	2.5-3 yrs	30 mins			9:00	9:00		9:45 10:30	7wks=\$78 14wks=\$140.40
PreGym	3.5-4.5 yrs	45 mins		2:45 5:30	10:00 10:45	10:45 5:30	1:15 2:00	9:30 10:15	7wks=\$108 14wks=\$194.40
KinderGym	4.5yr-K	45 mins		2:45 5:30	9:00 10:45	10:45 5:30	1:15 2:00	9:30	7wks=\$108 14wks=\$194.40

GIRLS GYMNASTICS PROGRAM - progressive skills on vault, bars, beam, floor and trampolines

									FALL SEMESTER PRICING
Age Group	Length of class	M	T	W	TH	F	S		
Girls Level 1 Students will learn over 60+ skills including; rolls, handstand, cartwheels, pullovers and more									
	K-1st Gr.	60 mins	3:30 4:30 5:30	6:15	3:30 6:00	6:15	2:45	11:00	7wks=\$119 14wks=\$214.20
	2nd-5th Gr.	60 mins	4:30	6:15	4:30 6:00	6:15	2:45	11:00	7wks=\$119 14wks=\$214.20
Girls Adv Level 1 Students need to have passed all of the skills in Level 1 before entering this class. Walkovers, back hip circles etc.									
	1st-3rd Gr.	90 mins	3:30		3:30 5:30		3:45	10:15	7wks=\$159 14wks=\$286.20
	4th-6th Gr.	90 mins	6:30		7:00		3:45	10:15	7wks=\$159 14wks=\$286.20
Jr/Sr Girls Level 1/Adv Level 1 Combo A beginning/Intermediate class for middle/high school students. No experience necessary									
	Jr/Sr 6th Gr.+	90 mins			7:00				7wks=\$159 14wks=\$286.20
Girls Level 2 Students must have passed all of the Adv. Level 1 skills to enter this class.									
	2nd-5th Gr.	90 mins	6:30		3:30 5:30		3:45		7wks=\$159 14wks=\$286.20
	Jr/Sr 5th Gr.+	90 mins			7:00				7wks=\$159 14wks=\$286.20

NINJAZONE PROGRAM - Turning energy into ambition, one awesome kid at a time.

									FALL SEMESTER PRICING
Age Group	Length of class	M	T	W	TH	F	S		
Lil' Ninjas Coed	4yrs-K	45 mins		2:45 5:30	9:00 10:00 5:30	1:15 2:00	10:15		7wks=\$108 14wks=\$194.40
Ninja Girlz Girls will find their inner ninja through fast paced movement, agility and strength. Some activities will be combined with the boys									
	1st-5th Gr.	60 mins			4:30				7wks=\$119 14wks=\$214.20
Ninja Boys Level 1 A combination of parkour, tumbling and trampoline; to move through space using movement and strength in a fluid manner.									
	K-1st Gr.	45 mins		3:30 4:30		3:30 4:30	2:45		7wks=\$108 14wks=\$194.40
	2nd-5th Gr.	60 mins		3:30		4:30			7wks=\$119 14wks=\$214.20
Ninja Boys Level 2&3 Combo Boys need to be in 2nd grade and have completed all of the skills in Level 1 before entering this class									
	2nd-5th Gr.	60 mins		4:30		3:30			7wks=\$119 14wks=\$214.20
Ninja Boys Level 4 Students are placed into this class by invitation of the instructor									
	By Invite	60 mins		3:30		3:30			7wks=\$119 14wks=\$214.20

TUMBLING PROGRAM - tumbling and trampolining only

									FALL SEMESTER PRICING
Age Group	Length of class	M	T	W	TH	F	S		

NEW OFFERINGS

TNT Level 1	K-4th Gr.	60 mins					2:45	11:00	7wks=\$119 14wks=\$214.20
TNT Level 2 Student need to have completed Level 1 skills before entering this class; front and back saltos and handsprings will be taught									
	2nd-8th Gr.	60 mins				6:15	3:45		7wks=\$119 14wks=\$214.20
Jr/Sr TNT Level 1/Level 2 Combo A Beginning/Intermediate tumbling class for middle/high schoolers									
	Jr/Sr 5th Gr.+	60 mins		6:15					7wks=\$119 14wks=\$214.20
Flip Flop Shop Instruction on the back handspring only. Students should have completed a Level 1 class before entering this workshop.									
	2nd-5th Gr.	60 mins	3:30						\$105 for a 6 week session
	Jr/Sr 6th Gr.+	60 mins				7:30			\$18/class or \$60 punchcard for 4 lessons
Advanced Tumbling Technique Instruction on advanced combination tumbling and proper technique. (roundoff back handspring required)									
	By Skill	60 mins		7:30					\$18/class or \$60 punchcard for 4 lessons

GIRLS TEAM PROGRAM			M	T	W	TH	F	S	PRICING
JO Level 3	By Invite	varies		3:30-5:30	3:30-6:00	3:30-5:30			
JO Level 4/5	By Invite	varies	4:00-6:15		3:30-6:00		4:30-7:30		
JO Level 6-8	By Invite	varies	4:00-7:30	4:00-7:30		4:00-7:30	4:30-7:30		
Jr. Xcel Silver	3rd-6th Gr.	120 mins	5:30-7:00		5:30-7:00				
Xcel Silver	6th-12th Gr.	120 mins	7:00-8:30		7:00-8:30				
Xcel Gold/Platinum	By Skill	varies		6:15-8:30		6:15-8:30	5:00-7:00		