



OUR MISSION STATEMENT AND PHILOSOPHY

Palouse Empire Gymnastics is dedicated to promoting self-esteem and confidence for each student through the participation and enjoyment of gymnastics and related activities. PEG is committed to providing an environment which is not only fun, safe and professional, but also captures the essence of childhood! Instructors at PEG use drills that introduce the skills in smaller, more achievable goals. Strength and flexibility challenges are presented as well as games and safety drills. Our preschool classes are designed to introduce the young child to the skills in gymnastics, but more importantly to develop coordination for all sports. Children will experience a variety of challenges in order to develop basic motor skills, strength and flexibility.

OBSERVATION

Spectators are welcome, but please refrain from talking or coaching your child while in class. Parents are not allowed in the gym unless they are assisting in a parent child class. Please see the front desk for other reasons before entering the gym. While upstairs, please keep an eye on your children. No running or horseplay, keep the noise down as it travels into the gym.

ARRIVAL AND DEPARTURE

Students are encouraged to arrive on time in order to properly warm-up. Students should be picked up within 15 minutes of class ending. Parents that are more than 20 minutes late will be charged \$1/minute. Please supervise non-participating children carefully.

CLASS SIZE

Student teacher ratio is 1:6 for preschool children and NinjaZone 1:8 for gymnastics/tumbling classes and 1:10 advanced and team groups. If enrollment drops to 3 or less the class may be cancelled. If only one student shows up for class, they will receive a private lesson at 50% time of their normal class.

CLASS ATTIRE

Leotard or shorts and t-shirt. We do not allow: ballet tights, skirts, skorts or jeans. Students participate bare footed or with gymnastics shoes. Long hair must be tied back and jewelry removed. We have a few amenities for busy families like pony tail holders, extra workout clothes for those who forget or have an accident, hand sanitizer and Kleenex.

HYGIENE, ILLNESS AND PREVENTATIVE CARE

If your child is ill, has a cold or is complaining of stomach pain or headache, please keep them at home. If they arrive to class and are unable to participate or are complaining, they will be excused from class. Make sure cuts, wounds, warts etc. are covered. Just as with a school, with a high number of people visiting our facility each week, we are bound to have issues arise (warts, lice, staph, flu etc.) and although we clean daily, it's impossible to clean after each child rolls on the mat or walks across the beam. What's most important is to talk to your child about hygiene and how they can help reduce their own risk of illness. As coaches, we will assist with the hygiene protocols as situations arise and keep an eye out for any areas of concern and bring them to your attention if necessary.

PEG CLASS RULES

1. Stay with the group
2. Listen and do
3. Land on your feet
4. Have Fun!

Some classes have rule #5 as needed. This might include; no throwing a fit, be nice to your friends etc.

BEHAVIOR EXPECTATIONS

We expect that children will treat their teachers and classmates with respect. This includes; sharing, taking turns, respecting personal space, using kind words and actions. If a child is unable to follow the rules or conduct themselves in a manner that is respectful and safe to the class, we will implement our disciplinary action plan.

1. Sit out near the class, reflect and watch. Length of time will vary based on the age of the child.
2. Excused to the office to reflect and discuss situation with management
3. Excused from class for the day and parent is called for a conference
4. Dismissed from the program for remainder of semester
5. Prohibited from future enrollment

COMMUNICATION

Our main form of communication is via email. We will also post newsletters, policies and due dates on the gym bulletin boards. Please respect our policies and procedures. It is your responsibility to read and understand our policies. If you have questions, please feel free to ask.



TUITION INFORMATION AND POLICIES

TUITION PAYMENTS

Families have a choice how they would like to pay tuition; entire semester payment (10% discount) or by breaking it up into block payments. **When making your choice of how to pay, please remember that tuition is non-refundable.**

Fall Semester has two 7 week block payments.

The first payment is due at time of enrollment. (We will prorate for those starting mid-month.) The 2nd payment is due by October 10th

Spring Semester 6 week block option

Payments are due December 10th to hold your spot during the holiday break or at time of enrollment. (We will prorate for those starting mid-month.)

The 2nd payment is due February 1st and the 3rd payment is due April 1st

Spring Semester 9 week block option (5% discount).

Payments are due December 10th to hold your spot during the holiday break or at time of enrollment. The 2nd payment is due March 1st

REGISTRATION FEES

A non-refundable / non-transferable annual registration fee (\$25) is required for each student entering our classes (No registration fee required for Wiggle Worms or session-based classes). This fee is valid for one year from the month of purchase and includes a secondary medical insurance (\$100 deductible).

ENROLLMENT STATUS – STARTING AND STOPPING CLASSES

New students may start at any time. We will be happy to prorate your tuition if that occurs mid month. Enrollment in our program is continuous. We do not have sessions. Once your child enrolls, they have their spot in class until the end of Spring Semester. When a payment period approaches, we will email you 2-3 weeks ahead of time with a statement and the balance due. If your child is not going to continue, now would be the time to communicate that. Otherwise, they retain their spot in class and payment is expected. A 10% late fee is added for tuition past due.

MAKE-UP LESSONS

Tuition is not prorated, credited or transferred for missed classes. Make-up classes are offered for students currently enrolled. For example; Jenni Jimnest missed a lesson on October 1st. Her parents have paid for a 7 week block which ends October 22nd and have indicated that will be her last day. Jenni

must complete her make-up lesson by October 22nd or forfeit this option. After that date, she will no longer be a currently enrolled student because no tuition will have been paid. Make-up lessons are not offered for session based programs. Make-up classes are held on Saturdays only and can be scheduled through the office or via the parent portal.

LATE PAYMENTS/ RETURNED CHECKS

A 10% late fee is charged for late payments. Tuition is non-refundable. NSF checks will be charged a \$25 return fee. If the account is not settled within two (2) weeks, the check will be turned over to collections.

DISCOUNTS

We have a progressive sibling discount that is automatically applied when enrolling. The amount depends on the payment option you select and the number of children enrolled. Discounts are also offered for children attending more than one class per week. Coupons must be present at time of payment. Discounts will not be credited in arrears. Scholarships are not available for our class students. If you own a business and would like to sponsor a child, please see management.

CALENDAR

We will be closed for one week at Thanksgiving, three weeks at Christmas and one week at Spring Break. These breaks have been calculated into the tuition and no make-lessons are needed.

FALL SEMESTER Sept 5 – December 17 (14wks)

Sept 5 - Closed Labor Day - schedule a make-up lesson

Oct 10 – 2nd block payment due

Oct 22 – End of 7th week

Oct 31 – Halloween - gym closes at 6:30pm

Nov 20-27 - Closed All Thanksgiving Week

Dec 10 – Payment due to hold spot for Spring Semester

Dec 18-Jan 8 – Closed for Winter Break

SPRING SEMESTER January 9 – May 20 (18 wks)

Jan 16 – Closed MLK Day – schedule a make-up lesson

Feb 1 – 2nd 6wk block payment due

Feb 20 – Closed for President's Day – schedule a make-up lesson

Mar 1 – 2nd 9 wk block payment due

Mar 12-19 - Closed UI/WSU Spring Break

Mar 17-19 PEG hosts Idaho State Championships at U of I Mem Gym

Apr 1 – 3rd 6wk block payment due

May 13 – last day of spring semester classes

May 15-19 – Annual Spring Show – no classes this week.